



Mama's Eats

| RECIPE CARD |

SWEET & SAVORY
SWEET POTATOES

SWEET POTATOES 2 WAYS

RECIPE DIRECTIONS

Sweet Potato

1. Cut and mash potato
2. Add black beans
3. Add diced tomatoes
4. Add Guacamole
5. Add red onion
6. Add green pepper

Savory Sweet Potato

1. Cut and mash potato
2. Add marshmallows
3. Add graham crackers
4. Add pecans
5. Drizzle caramel

INGREDIENTS

Sweet Potato

- Sweet Potato
- Black Beans
- Diced Tomatoes
- Guacamole
- Red Onion
- Green Pepper

Savory Sweet Potato

- Sweet Potato
- Marshmallows
- Crushed Graham Crackers
- Pecans
- Caramel Drizzle

**Show us your creations.
Tag us on social media!**

CHECK US OUT



@UGADINING



UNIVERSITY OF
GEORGIA
Dining Services